MATERIAL DE PAOYO

FICHA 2711112

OCTUBRE DE 2024

1 INDOOR CYCLING

Cuevana.biz/serie/100088/the-last-of-us VIDEOS

https://www.youtube.com/watch?v=hccIKgHlFP8 Animal X

https://okeymas.es/cycling-ciclo-indoor/ Indoor cyclin

https://www.instagram.com/animalx.manrique/?hl=es#:~:text=Animal%E2%9D%8C%20es%20un%20sistema,2%20grupos%20musculares%20por%20d%C3%ADa. Animal X

